

# TEST YOURSELF AED/CARDIAC DEFIBRILLATION

## Structure of pamphlet

Test your own knowledge on the subject AED/CARDIAC DEFIBRILATION - solve a few assignments.

Find background knowledge in "Medical Guide for Seafarers" pp 79-81 and in the videos related to the book.

Find the correct answers at the end of the pamphlet. However, test your own knowledge before you read the answers.



## **Stay up-dated**

Find all self-training assignments at our webpage www.dma.dk

> You may ask us questions at cms@dma.dk

You may phone us at +45 7219 6004

## DANISH MARITIME AUTHORITY

Centre of Maritime Health Service Vestervejen 1 DK 6720 Fanø

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You may want to read chapter 11 in "Medical Guide for Seafarers" and watch video number 2.

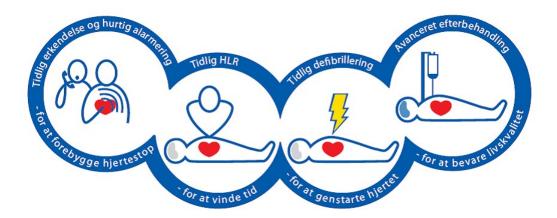
## **Assignment 1**

When would you use a defibrillator?

## **Assignment 2**

List, as a minimum, 4 practical problems that may arise from the use of a defibrillator:

Find useful information at: <u>http://genoplivning.dk/</u>





AED's are plentyfull in Denmark. Find a local AED here: <u>https://hjertestarter.dk/find-</u> hjerte<u>startere/find-hjertestartere</u>



## Did you know?

Danish Resuscitation Council decides guidelines for resuscitation in Denmark. When they change the guidelines, you need to update your defibrillator.

Get the update from your dealer.

If you have a defibrillator on board, always use in case of resuscitation.

Resuscitation has priority.

There is no legal requirement to carry a defibrillator on board.

## REMEMBER

- The defibrillator cannot harm anyone.
- The defibrillator cannot save everyone.
- The defibrillator is a supplement to resuscitation, not a replacement.

## Answer to assignments

## **Assignment 1**

When would you use a defibrillator?

Use the AED as a supplement to resuscitation after cardiac arrest. Place pads on chest as quickly as possible <u>after</u> initiating CPR.

#### **Assignment 2**

List, as a minimum, 4 practical problems that may arise from the use of a defibrillator:

- High oxygen concentration in surroundings.
- Excessive hair growth on chest.
- > Patient lying on wet surface.
- Gel en pads, too old/dry.
- > Wet/sweaty skin.

